

Designed for life.

CRYO PNEUMATIC KNEE ORTHOSIS W/ HINGES

- 1. Remove optional gel pack and place in freezer for a minimum of 2 hours (see warnings below).
- 2. Remove gel from freezer; re-attach gel pack inside knee orthosis, making sure seams line up above knee cap (patella) opening.
- 3. Remove stockinette sleeve from plastic bag, grasp end, insert foot into sleeve, and pull up over knee, making sure to center over knee cap (patella).
- 4. Grasp knee orthosis and locate top (note: valve located at top) and place opening over affected knee cap (patella). **FIGURE 1**
- 5. Separate hinges and orient so that they flex appropriately, hinges are not right or left and can be placed on either side of the orthosis.
- 6. Align hinge on the outside of the brace along knee midline, applying to the medial and lateral sides of the knee.
- 7. Hinges may be contoured, if necessary, for proper fit.
- 8. When applying hinges, utilize the extension straps included to fully secure hinges to the brace exterior. **FIGURE 2**
- 9. Secure both compression straps to desired fit. FIGURE 3
- 10. Attach tube with bulb to valve.
- 11. To inflate, switch to "ON" position, pump bulb to desired compression, making sure not to over inflate. To deflate, press button at base of bulb.
- 12. When desired compression is attained, switch to "OFF" position and remove tube with bulb from valve connection.

Note: Splint may also be deflated by removing tube while in "ON" position.

WARNING: recommended cold therapy treatment; 20 minutes on, 20 minutes off.

CAUTION:

- 1. DO NOT OVER INFLATE improper inflation may inhibit circulation or cause skin irritation
- 2. Use only after following directions for use
- 3. Do not use gel pack on area of sensitive skin
- 4. Cold therapy should not be used by people with circulatory problems unless prescribed by a physician
- 5. Gel pack is non-toxic not intended for ingestion
- 6. Discard gel pack if punctured or torn

TO REORDER

72-7270	Cryo Pneumatic Knee Orthosis w/ Hinges, 0 Gel
72-7271	Cryo Pneumatic Knee Orthosis w/ Hinges, 1 Gel
72-7272	Cryo Pneumatic Knee Orthosis w/ Hinges, 2 Gel
72-7275	Hinge Set w/ Extension Straps
72-7179	Cryo Pneumatic Knee Gel Pack, EA
72-7179-010	Cryo Pneumatic Knee Gel Pack, 10/PK



FIGURE 1



FIGURE 2



FIGURE 3



Suggested Billing Code L-1810