



**CORFLEX®**

Designed for life.

# Patriot Back Brace

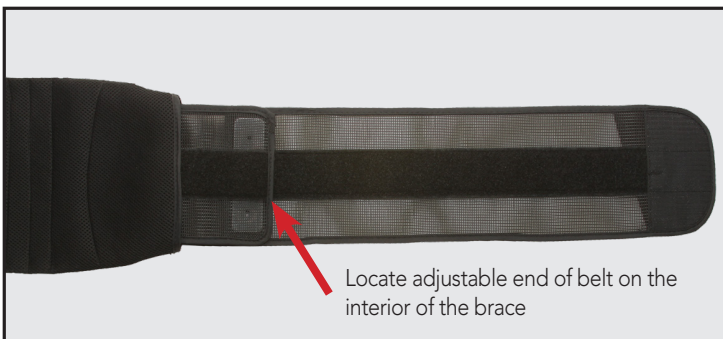
**APPLICATION INSTRUCTIONS**

**CORFLEX.COM 800 426 7353**

## Sizing the brace:

The Patriot Back Brace incorporates a universal sizing system that allows the brace to fit a waist/hip circumference of 26" to 60".

### 1. Determining appropriate belt length



- Measure waist and hip circumference. Use the larger of the two circumferences when sizing the brace.
- Add 4" to the waist/hip circumference measurement. This is the target overall brace length from end to end.
- Lay the brace on a flat surface and open fully to prepare for adjustment.

### 2. Adjusting the belt



- Release the grey pull tabs from the outside of the belt and position out of the way.
- Peel up the end of belt and slide through the large D-ring until the desired length is achieved.

### 3. Setting belt length



- Fold belt end over and press in the center to secure hook and loop closure. Repeat for opposite side. Both the right and left sides must be adjusted equally for proper brace performance.
- Check overall brace length from end to end and compare to the overall brace length determined in step 1.B.

## Brace application

### 1. Preparing/resetting the brace



- Prior to each application make sure the brace is fully extended.
- Place the pull tabs 2" from each side of the back panel and pull the ends of the belt away from each other to ensure it is fully lengthened.

## 2. Positioning the brace



1. Center the back panel on the lower back.
2. Slide fingers through the loops on the belt ends to assist with application.

## 3. Applying the belt



1. Wrap belt around the abdomen and overlap ends, right over left. Press firmly to engage hook and loop closure.
2. When applied correctly, brace should fit snug at both the top and bottom. If there is a gap, reapply and angle ends to ensure a snug fit.

## 4. Tightening the brace



1. Slide thumbs through pull tab holes and pull them away from the body. Right pull tab controls lower compression and left pull tab controls upper compression.
2. Apply tension until desired support is achieved.

## 5. Adjustment and removal



1. Wrap pull tabs around the front of the brace, securing to loop on the outside of the brace.
2. For comfort while seated, lessen tension on the upper portion of the back panel (left pull tab). Reapply tension upon rising.
3. When removing the brace, lift pull tabs to release tension and relocate them to the ready position as shown in Step 1. Release front belt closure.

### Care instructions:

Product should be hand washed only using warm water and detergent for delicate fabrics, repeatedly rinsed and line dried only. Do not use bleach or place in a dryer. Do not immerse brace in liquids.

### Caution:

This product has been designed and tested based on single patient use only. It should never be used by multiple patients. If additional pain or symptoms occur while using the device, seek medical attention.

### Indications:

Indicated for acute and chronic low back pain, lumbar muscle weakness, lumbar strains and sprains, postural support and disc herniation.

### Contraindications:

Contraindicated for unstable, displaced fractures, women who are pregnant, persons with circulatory, pulmonary, cardiovascular or other conditions where increased abdominal pressure could worsen risks.

### Warranty:

Products manufactured by Corflex are warranted to the original purchaser against defects in workmanship and material for the life of the product. The foregoing warranty shall not apply to normal wear and tear; or if the product has been subjected to misuse or misapplication the warranty will be voided at the discretion of Corflex.

### To Reorder:

Product Number	UNIV
Patriot Back Brace	35-5103
Fits waist/hip circumference 28" - 60"	
Accessories	UNIV
15" Belt Extension Kit	35-5111

*Sizing: Measurement taken from waist or hip circumference. Use the larger of the two circumferences when adjusting brace and determining need for Belt Extension Kit (sold separately).*

